



Heathland School

# NEWSLETTER

March 2020



## Keep Calm and Wash Your Hands!!

A huge thank you to all our families for your positivity and support during the school closures. Thank you for all your kind words of support and appreciation – we hope that everyone is well and that the children are enjoying some of the great activities prepared by the teachers.

I'm sure that you'll join me in thanking all of the staff at Heathland – everyone has been brilliant and I'm so proud to see how teachers and other staff have stepped up cheerfully and selflessly during this challenge.

Please do keep checking the website for updated guidance and activities – we are all still very busy, even though you don't see us every day!

We are all looking forward to things being back to normal – we are excited about seeing the children again and returning to shaking hands... going on trips...being together!

Lucy Caswell  
Executive Headteacher

Value of the month



### Forgiveness

- Understanding the feelings of others
- Showing empathy

**KEEP CALM AND WASH YOUR HANDS**

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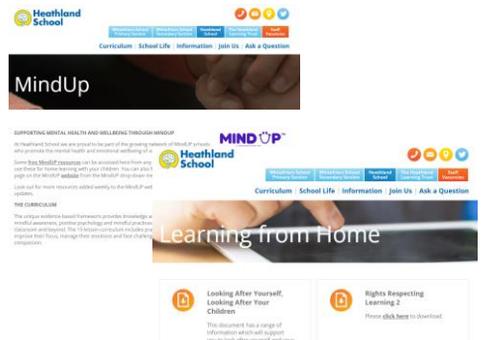


Article 6: Your right to life and to be healthy

## Home Learning and Mental Health on our Website

We have created a 'Learning from Home' page on our website where you can find links to activities your child can do at home: <http://www.heathlandschool.net/learning-from-home/>

We also have a new 'Mind Up' page <http://www.heathlandschool.net/mind-up/> which has information and links on the 'MindUp' programme which the school is proud to be a part of!





## Reception's Budding Gardeners...

The children in Reception were busy spreading love and positivity in our garden area with Miss Anna by planting new seeds and flowers ready for the summer term. They discussed the essential things that plants need in order to grow and ensured that our new seeds were well looked after through the week!



Article 28: Your right to learn and go to school

## Learning Good Dental Hygiene

The Nursery children and their parents were busy learning about teeth when they attended a workshop on Oral Health and Dental Hygiene led by Kim from Harrow Children's Centres. They found out about foods that are good and bad for our teeth and how we can ask our dentists about fluoride varnishing. Children practised brushing model teeth for 2 minutes, ready for when they can start brushing their own teeth independently at 7 years old. Parents were introduced to the 'Change4Life Be Food Smart' app that gives information about how much sugar is in different food and drinks.



## ...and Nursery's Budding Artists!

Our Nursery children were excited to invite parents, teachers and Reception classes to their very first Modern Art Exhibition. The exhibition showcased children's paintings and models created in response to their learning about Nursery Rhymes including Incy Wincy Spider, Humpty Dumpty, Hickory Dickory Dock and Row, Row, Row Your Boat. There were also photographs children had taken of their friends using a camera and selfies that had been taken on an iPad. Thank you to everyone who attended.



Article 29: Your right to become the best that you can be