



Thursday 15<sup>th</sup> July 2022

Dear Parents and Carers,

## Re: High temperatures – Monday 18<sup>th</sup> July and Tuesday 19<sup>th</sup> July

As you may be aware, there has been an Amber weather alert from the Met Office as we are expecting very high temperatures early next week. We would like to ensure your child is well protected from the heat whilst at school and give you advance warning of the measures we are taking:

### **Pupils should wear their PE kits on both Monday and Tuesday.**

### **On Monday and Tuesday next week we are offering an early collection time of 1.30 pm.**

Normal collection procedures will apply. If you would prefer for your child to stay in school please contact the office via email, if we have not heard from you we will assume you are collecting at 1.30 pm.

We would recommend that you take additional measures to ensure your child is safe during these high temperatures.

#### Before School:

- Parents are encouraged to ensure pupils apply sunscreen before they come to school, and to bring this with them in order to re-apply it when necessary.
- It is essential that your child brings a bottle of water to school, which can be re-filled during the day as needed.
- Pupils may attend school in their lightest PE kit on Monday 18<sup>th</sup> and Tuesday 19<sup>th</sup> July. Normal school uniform should be worn from Wednesday 20<sup>th</sup> July as the weather is expected to return to more usual summer temperatures.
- Where pupils are wearing the normal school uniform, it is advisable not to wear the school jumper or tie
- Pupils should also bring a sun hat which covers their head, neck and ears

#### During the school day we will:

- Encourage pupils to stay in the shade during the break and lunch times
- Cancel outdoor playtimes where necessary
- Make sure there is minimal physical activity during the day
- Pupils will be encouraged to have their water bottles in the classroom and to drink at regular intervals. There are water fountains in school where students can re-fill bottles at break, lunch or between lessons.

- PE classes will, as far as possible take place in shaded areas or inside spaces. Pupils will be reminded to wear their sunhats and have water bottles with them. If heat is excessive, alternative activities will be arranged for your child in a classroom space. Children will be limited to activities that do not demand extreme physical exertion.

Should you have any other queries, please do not hesitate to contact the school office on 020 8422 4503 or contact us via the [office@heathland.harrow.sch.uk](mailto:office@heathland.harrow.sch.uk) email address.

Yours faithfully,



Miss F R Hopkins  
Headteacher