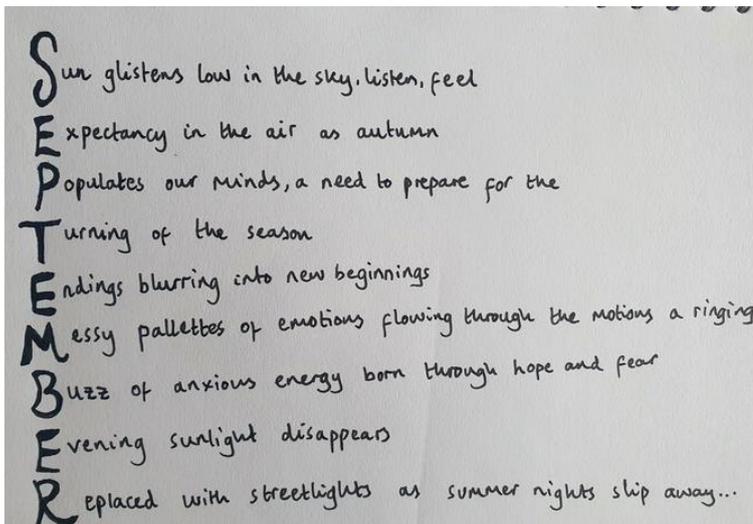


MindUp Challenge

I have always enjoyed expressing myself through written word but as

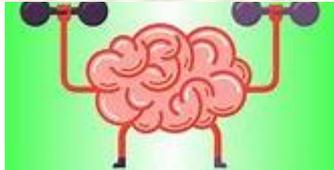


I've got older, writing and performing poetry has become so much more than just a fun activity. It helps me explore and make sense of my internal and external worlds, allowing me to play with language in a way that has no boundaries. I feel that poetry has the power to engage (because it's short and direct) and can be about anything. People often think

there has to be a lot of rules, but I feel there doesn't have to be. We can all give it a go!

Miss Shah

CHALLENGE



This month your challenge is to think about the world around

you and ignite your own poetry spark.

You can have a go at writing a poem about anything, capturing a moment in time. Let

your mind settle on one thing – something you can see or hear (or smell or touch or feel) or something on your mind, and free yourself to paint a picture.

Please send your poem into yearfiveenquiriesheathland.harrow.sch.uk

The owl and the chimpanzee went to sea
In a beautiful boat called The Mind
The owl was sensible, clever and smart
The chimp was a little behind

The owl made decisions, based on fact
And knew where to steer its ship
The chimp reacted a little too fast
And often the boat would tip

The waves would come and crash aboard
The chimp would start to cry
Large tears would roll right down his face
Afraid that he would die

The chimp and the owl would wrestle at night
When the world was quiet and still
The chimp would jump up and rock the boat
And the boat would start to fill

Then the owl stepped in and grabbed a pail
And started to empty it out
And the chimp would start to get quite cross
And would often scream and shout

The battle continued night after night
Until the chimp started to see
That if it let the owl take control
A more peaceful night it would be

Jo Camacho

