Heathland Primary

Weekly menu

WEEK ONE: w/c 13/4, 4/5, 1/6, 22/6, 13/7

Monday	Tuesday	Wednesday	Thursday	Friday
Jacket Potato with Cheddar Cheese Milk or Baked Beans (V)	BBQ Style Chicken with Rice	Chicken Korma with Pilau Rice milk	Lamb with Rice and Soft Tortilla Wheat	Fish Wheat, Fish and Chips with Tomato Sauce
Aloo (potato) and Peas Curry with Rice (V)	Mix Veg Bubble and Squeak with Gravy (V)	Vegetable Balti with Pilau Rice (V)	Veg Bean Chilli with Rice and Soft Tortilla Wheat (V)	Cornish Style Vegetable Pie with a Pastry Top Wheat, Dairy & Chips (V)
Italian Style Tomato & Herb Sauce with Penne Pasta Wheat (V)	Jacket Potatoes (V) with Baked Beans, Cheese Milk	Penne Pasta Wheat with Tomato & Basil Sauce (V)	Jacket Potatoes (V) with Baked Beans, Cheese or Tuna Mayo Fish, Egg	Penne Pasta Wheat with Pesto (V) milk
Apple Crumble Wheat, Milk with Custard Milk	Ice Cream Milk with Fruit Slices	Orange Drizzle Iced Cake Wheat, Milk	Mixed berry oat bars and fruits Wheat, Milk	Chocolate Sponge Wheat, Egg, Milk with Chocolate Sauce Milk

Available daily
Please ask the catering manager for food allergen information

Available Daily: Seasonal Veg, Bread, Salad Selection, Fruits Selection .....

Red = Allergen

- All food is freshly prepared on site each day and if any of the 14 common food allergens present, they are listed in red against each menu item and are intended as a guide to help with the choice of meal. For operational reasons it may be necessary to alter a recipe at short notice and therefore **your child or the member of school staff who presents your child at the counter must check each time before being served with the food**
- The Company handles many of the 14 common food allergens in our busy kitchens and so therefore cannot guarantee that our food is 100% free from specific food allergens
- There are foods not on the list of 14 common food allergens which can cause allergic reactions in a small number of people and if your child has such an allergy, **they or school member must check each time before being served with the food.**

Our allergen process is written to protect the welfare of the children.

HARRISON
food **with** thought

Heathland Primary

Weekly menu

WEEK TWO: w/c 20/4, 11/5, 8/6, 29/6

Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni Cheese Wheat with a Rainbow Ribbon Salad (V) MIlk	Chicken Curry with Jeera Rice	Chicken Meatballs with Rice	BBQ Chicken Pizza Wheat with Potato Wedges, milk	Fish Fingers Wheat, Fish and Chips with Tomato Sauce
Penne Pasta Wheat with Pesto (V)	Chickpea and Dhal (lentil) Curry with Jeera Rice (V)	Quorn Meatballs in Tomato Sauce with Rice (V)	Margharita Pizza Wheat with Potato Wedges (V)	Vegetarian Enchiladas Wheat, and Chips with Tomato Sauce (V)
Jacket Potatoes (V) with Baked Beans, Cheese Milk	Penne Pasta Wheat Primavera (spring veg) (V)	Jacket Potatoes (V) with Baked Beans, Cheese or Tuna Mayo Fish, Egg	Penne Pasta Wheat with Tomato Basil Sauce (V)	Penne Pasta Wheat with Red Pesto (V)milk
Mixed Fruit Crumble Wheat, Milk with Custard Milk	Vanilla Sponge Wheat, Egg, Milk with Custard Milk	Jelly and Orange Wedges	Ice Lolly and Orange Wedges	Granola with Yoghurt Wheat, Milk

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Weekly menu

WEEK THREE: w/c 27/4, 18/5, 15/6, 6/7,

Monday	Tuesday	Wednesday	Thursday	Friday
Roasted Veg Pasta Bake Wheat, Milk (V)	Lamb Chilli with Rice	Lamb Shepherd Pie Milk	Chicken Sausages with Mash Potato & Gravy	Fish Fingers Wheat, Fish and Chips with Tomato Sauce
Vegetarian Jollof Rice (V)	Sweet Potato and Roasted Red Pepper with Rice (V)	Vegetarian Shepherdess (lentil) Pie (V) Milk	Vegetarian Sausages Wheat with Mash Potato & Gravy (V)	Vegetable Hotpot and Chips (V)
Jacket Potatoes (V) with Baked Beans, Cheese Milk	Penne Pasta Wheat with Pesto (V)Milk	Penne Pasta Wheat with Arrabbita (garlic, chilli, basil) (V)	Jacket Potatoes (V) with Baked Beans, Cheese Milk or Tuna Mayo Fish, Egg	Penne Pasta Wheat with Tomato and Basil (V)
Apple Pie Wheat, Milk with Custard Milk	Marble Sponge Cake Wheat, Egg, Milk with Custard Milk	Granola with Yoghurt Wheat, Milk	Oaty Cookies Wheat, Milk	Ice Cream Milk with Fruit

Available daily
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