Heathland Whitefriars Federation

Heathland School
Eastcote Lane, Harrow HA2 9AG
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Website: www.heathlandschool.net
Headteacher: Miss F R Hopkins

Whitefriars School
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Websites: www.whitefriarsschool.net
Headteacher: Mr P K Vekaria

30th April 2026

Dear Parents and Carers,

As a school, we are proud to promote a healthy eating environment that supports the wellbeing and safety of all our children. We absolutely love celebrating special occasions with the children and understand that birthday and celebration party bags are a kind and thoughtful gesture.

Please be assured that there is no expectation for parents to bring anything into school to celebrate their child's birthday. Our teachers will always ensure that every child's birthday is recognised and celebrated in class in a special and age-appropriate way.

For families who do choose to bring party bags into school, we kindly ask that they support our healthy eating policy by ensuring that no food items are included, particularly sweets, chocolate, or any products containing nuts. This is especially important as we have children with food allergies and aim to promote healthy habits.

Please do not bring birthday items to the school office, these can be taken into class by your child, or alternatively you can bring these yourselves at the end of the day to hand out at home time.

If you would like to include non-food items, please ensure these are age-appropriate, safe, and suitable for a school environment. Items brought into school should not pose a risk to children or disrupt learning.

Examples of items that should **not** be included are:

- Water guns or any toy weapons
- Slime, putty, or sticky materials
- Small items that could present a choking hazard
- Sharp objects
- Items that are inappropriate for school grounds

Some appropriate alternatives you may wish to consider include:

- Stickers
- Small colouring books or notepads
- Pencils or crayons
- Bubbles
- Playdough (where age-appropriate)

We appreciate your understanding and cooperation in helping us maintain a safe, healthy, and inclusive school environment for all children.

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If you have any questions or would like further guidance, please speak to a member of staff.

Kind regards,

Miss Lee
Designated Safeguarding Lead and Inclusion Support