Heathland Whitefriars Federation

Heathland School
Eastcote Lane, Harrow HA2 9AG
Phone: 020 8422 4503
Email: office@heathlandschool.net
Website: www.heathlandschool.net
Headteacher: Miss F R Hopkins

Whitefriars School
Whitefriars Avenue, Harrow HA3 5RQ
Phone: 020 8427 2080
Email: office@whitefriarsschool.net
Websites: www.whitefriarsschool.net
Headteacher: Mr P K Vekaria

21st October 2026

Dear Parents and Carers

Parenting Smart Course

As part of our mental health support for the whole school, Place2Be would like to invite families to **sign up for free** to the **Parenting Smart - Online Course**. This 4-week self-paced programme offers tools to support children's wellbeing and help them deal with childhood challenges.

The deadline to register is Monday 2nd November. Please use this link to book - https://www.place2be.org.uk/family/book

Please see the attached leaflet for further information.

Kind regards,

Karen Ejdelman
Place2Be Supervising Counsellor
Heathland School:

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Registered office address: Heathland School, Eastcote Lane, Harrow HA2 9AG